

# November 2018 Breakfast/Lunch Menu



*Home of the Pawnee Coyotes*



Students may add the following;

- Homemade whole grain bread
- Hot vegetable choice
- Fresh salad and vegetable bar with homemade dressing
- Fruit choice
- Skimmed chocolate, Skimmed Strawberry or 1% white milk

\* All Menu Items in **bold** cooked from scratch!



This institution is an equal opportunity provider.

| MON  | TUE   | WED  | THU  |
|--|---|--|--|
|  |   |  | 1<br>Granola Bars and String Cheese<br><b>Cabbage Pockets</b>    |
| 5<br>Muffins and String Cheese<br><b>Chicken on a Biscuit</b>          | 6<br>Cereal Bar and String Cheese<br><b>Ham and Bean Soup</b><br><b>Toasted Cheese Sandwich</b> | 7<br>Graham Crackers and Yogurt<br><b>Sub Sandwiches</b> | 8<br>Granola Bars and String Cheese<br><b>Smothered Burritos</b> |
| 12<br>Muffins and String Cheese<br>Chicken Cordon Bleu<br>Baked Potato | 13<br>Cereal Bar and String Cheese<br><b>Chicken Lo Mein</b>                                    | 14<br>Graham Crackers and Yogurt<br><b>Super Nachos</b>  | 15<br>Granola Bars and String Cheese<br><b>Turkey Dinner</b>     |
| 19<br>Muffins and String Cheese<br>Chicken Patty Sandwich              | 20<br>Cereal Bar and String Cheese<br><b>Supreme Tacos</b>                                      | 21   | 22   |
| 26<br>Muffins and String Cheese<br><b>Chicken Fajitas</b>              | 27<br>Cereal Bar and String Cheese<br><b>Sloppy Joes</b>  | 28<br>Graham Crackers and Yogurt<br><b>Chili Mac</b>     | 29<br>Granola Bars and String Cheese<br><b>Pizza</b>             |