

October 2017 Breakfast/Lunch Menu

MON	TUE	WED	THU
2 Muffins and String Cheese Chicken Fajitas	3 Cereal Bar and String Cheese Teriyaki Chicken	4 Graham Crackers and Yogurt Chili Fritos	5 Granola Bars and String Cheese Cabbage Pockets
9 Muffins and String Cheese Cream Chicken On a Biscuit	10 Cereal Bar and String Cheese Hot Ham and Cheese	11 Graham Crackers and Yogurt Goulash	12 Granola Bars and String Cheese Smothered Burritos
16 Muffins and String Cheese Chicken Patty Sandwich	17 Cereal Bar and String Cheese Chicken Noodle Soup	18 Graham Crackers and Yogurt Mac and Cheese	19 Granola Bars and String Cheese Pizza
23 Muffins and String Cheese Chicken Nuggets	24 Cereal Bar and String Cheese Supreme Tacos	25 Graham Cracker and Yogurt Sloppy Joes	26 Granola Bars and String Cheese Lasagna
30 Muffins and String Cheese Hamburgers	31 Cereal Bar and String Cheese Super Nachos		



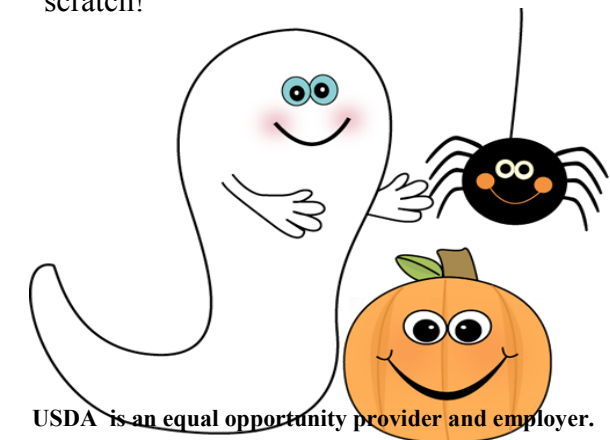
Home of the Pawnee Coyotes



Students may add the following;

- Homemade whole grain bread
- Hot vegetable choice
- Fresh salad and vegetable bar with homemade dressing
- Fruit choice
- Skimmed chocolate, Skimmed Strawberry or 1% white milk

* All Menu Items in **bold** cooked from scratch!



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